

# Neurodiversity Awareness

## Resource Pack

Sponsored by



The most watched  
dyslexia awareness film  
in history.



# What is Neurodiversity?

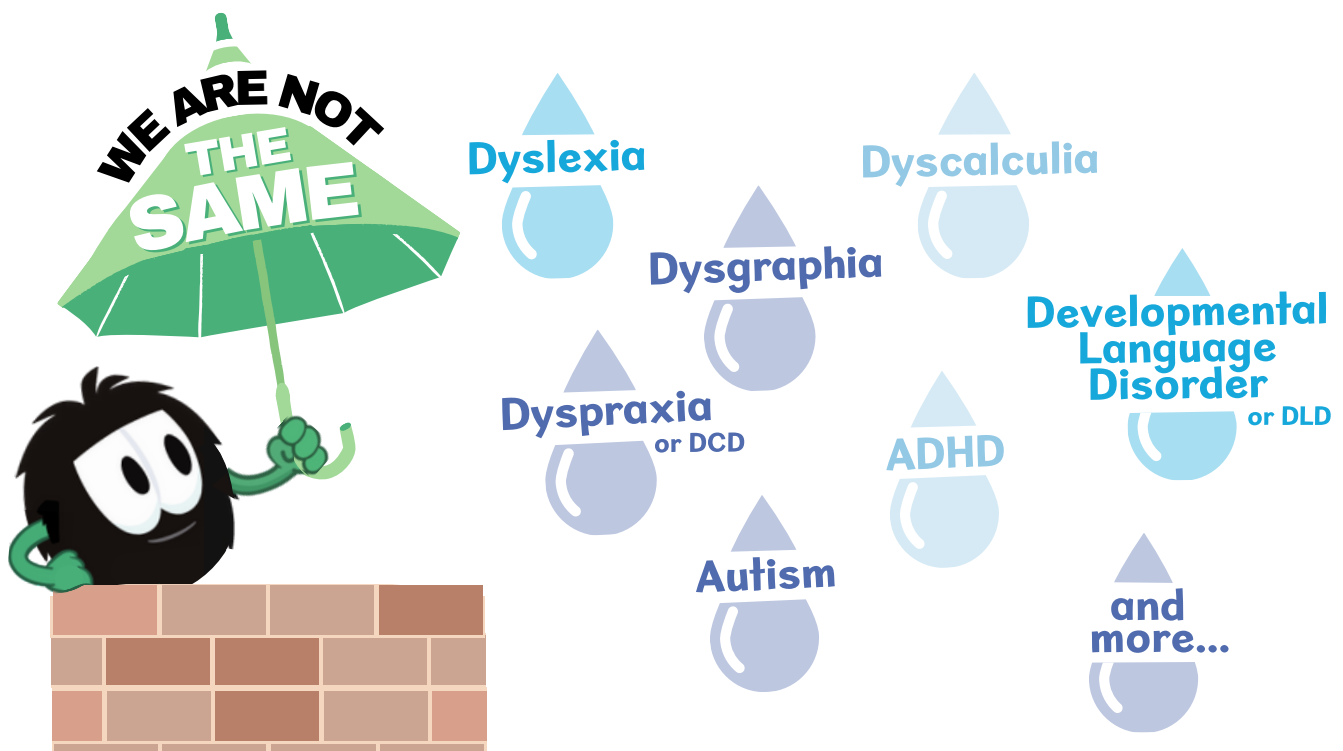
## NEURODIVERSITY

"People vary in the way that their brains take in, process, and respond to information..."

(The British Psychological Society)

Someone who is 'neurodivergent' may **learn**, **think**, or **behave** differently than what is considered "typical" (also known as 'neurotypical').

Misunderstanding can lead to children feeling isolated, excluded from their peers, and frustrated.



## 4 THINGS I'D LIKE TEACHERS TO UNDERSTAND ABOUT DYSLEXIC KIDS

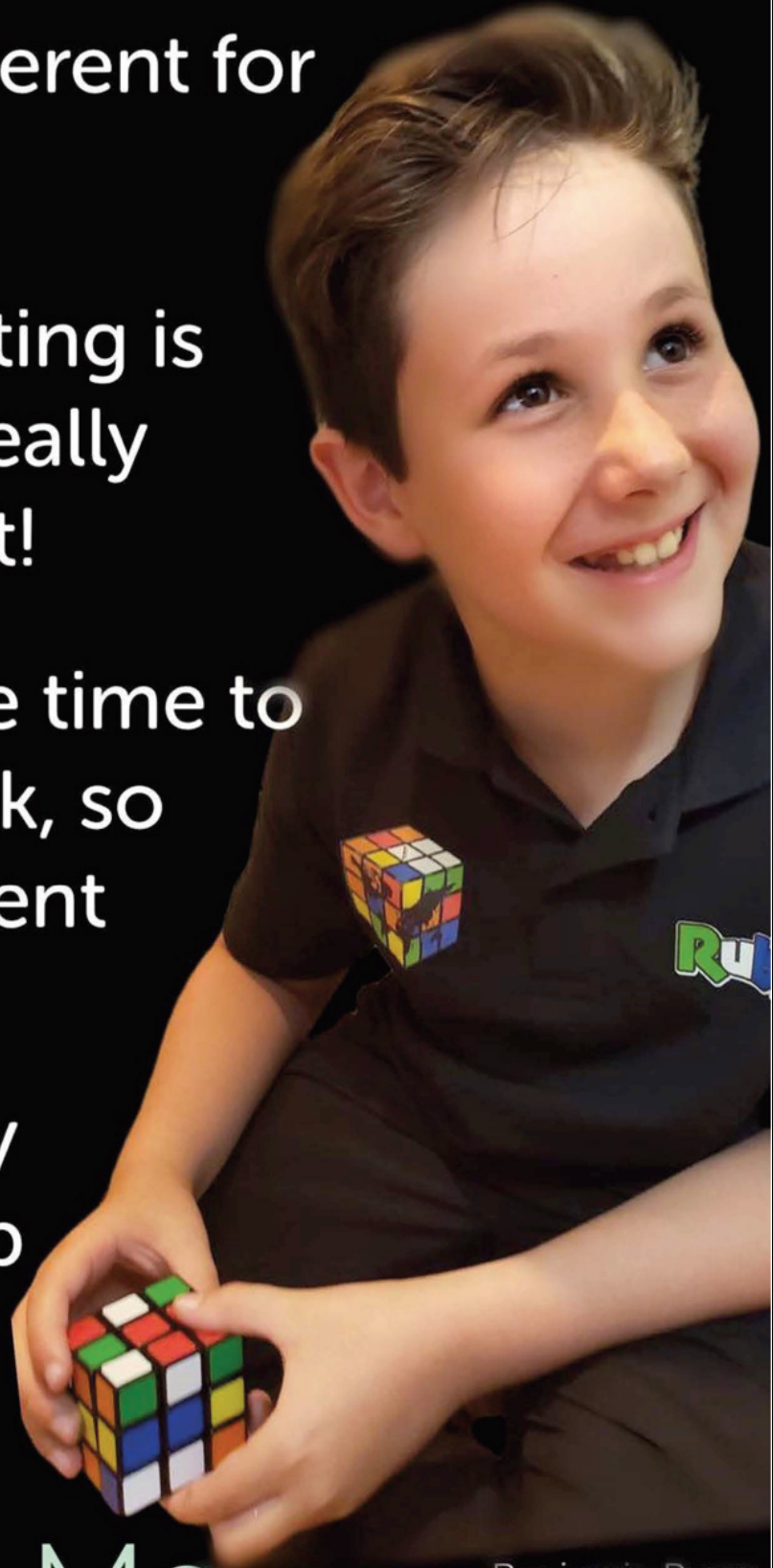


1 Dyslexia is different for everyone.

2 Reading & writing is hard, we are really trying our best!

3 We need more time to complete work, so please be patient with us.

4 We have many strengths! Help us find them.



# Just Teach Me

Benjamin Russo  
Rubik's Cube Ambassador

## 4 THINGS I WISH OTHER PARENTS KNEW ABOUT DYSLEXIA



- 1** You are your child's best advocate. Trust yourself!
- 2** Parent support is important to their child's confidence and progress.
- 3** It's ok to feel overwhelmed and disheartened during the process, just move from emotion to advocacy.
- 4** Dyslexia is an obstacle to overcome and not a problem without a solution.



Just Teach Me

Clarice Jackson  
Decoding Dyslexia -NE

# Dyslexia

## What is Dyslexia?

Dyslexia is a very common learning difficulty that can cause problems with reading, writing, and spelling. Because some dyslexics have difficulty with memory, it can also affect math and organization.

[Learn more](#)

### Signs of Dyslexia:

[Ages 3-4](#)

[Ages 5-7](#)

### How to Help:

[Ages 3-4](#)

[Ages 5-7](#)

Are you concerned about your child's pre and early literacy skills?  
Trust your instincts. **DO NOT WAIT.**



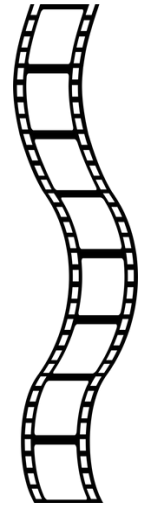
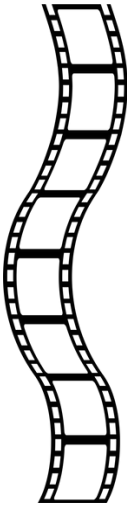
"Children at risk of reading failure, can be helped as early as ages 4-5."

- Tiffany James



# Dyslexia

## Watch Mical the Film



“ Every teacher and caregiver of a child who struggles to read should watch this film. I did not expect to get so emotional but when he [Mical] started to read after his own mother taught him, I couldn't help but think of the joy I feel when I get my “non-readers” reading and see the look of pride on their faces. I want to be that mom who doesn't give up, who believes, who makes a difference. It's why I do this job. ”

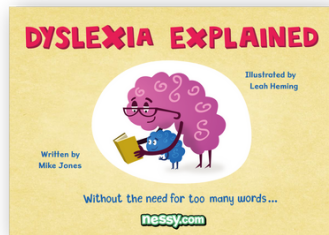


**Kim Lockhart B.Ed, M.Ed, Certified Level One Orton-Gillingham educator, Special Education Teacher, and IDA Ontario Literacy Coach.**



# Dyslexia

Download Free eBooks Here:



[eBook](#)



[eBook](#)

Buy on Amazon:

[Dyslexia Explained](#)

[What I Need](#)

Take this free pre-screener:

This quick pre-screener will help to identify dyslexia early by asking some questions about your child and the areas they have difficulty in. Your child does not need to be present.



[START](#)



# Related Difficulties

## What related difficulties are there?

'Dyslexia' is an umbrella term, and there are many difficulties that fall under dyslexia that are related. These can include: memorizing math facts, handwriting, organization and memory.

[Learn more](#)

## What is Dysgraphia?



The word dysgraphia means difficulty with writing. Teachers may report that your child can make their writing neat when they really try hard. This may be true, but the amount of energy and concentration needed for them to write neatly is an overwhelming drain on the child's learning resources.

[Learn more](#)





Dyspraxia

Autism

Dyslexia

Dyscalculia

Dysgraphia

ADHD

## The Neurodiverse Student

“

**It does make people take a few steps back to think more creatively about all the different ways work or school tasks can be done.**

Alecia Santuzzi, PhD, associate professor, Northern Illinois University

”





# Georgia Ryan

## Dyslexia & Dysgraphia

Finding out I had dyslexia and dysgraphia right before I started high school, means my dyslexia will forever be linked to my teenage years. Here are three things I've learnt about being a young person with dyslexia:

### 1. You are not alone.

Finding out you have dyslexia can be incredibly overwhelming. All these feelings can make us feel incredibly isolated from our peers. But we're not as different as we think. Reading challenges are thought to affect up to 20% of the population, which means there are probably others in your class or friend group who are also struggling with the same feelings and perhaps busily hiding anything that sets them apart as 'different'.

### 2. It's about the journey and not the destination.

Okay, I'm not going to lie, school can be hard for us academically. But remember this, even though we might struggle in the classroom, school is about so much more than....well, school. Try to remember not to let your dyslexia or academic challenges take away from the rest of your high school experience, because school really is about so much more than just our grades, which brings me to my last point....

### 3. Your grades DO NOT define you

School is so geared towards the 'end result' and that final exam mark that it is sometimes hard not to let it become our defining moment. There are so many ways to achieve your goals and the path may not always be straight. So, make sure you follow your passions and try everything! You will find what you're good at and your dyslexia won't seem nearly so important.



WHAT I WOULD LIKE YOUNG PEOPLE WITH DYSLEXIA

# TO KNOW



You are so much more than you can imagine, and your **DYSLEXIA DOES NOT DEFINE YOU!**

1

Assistive tech is not cheating it's just a tool we use to level the playing field.

2

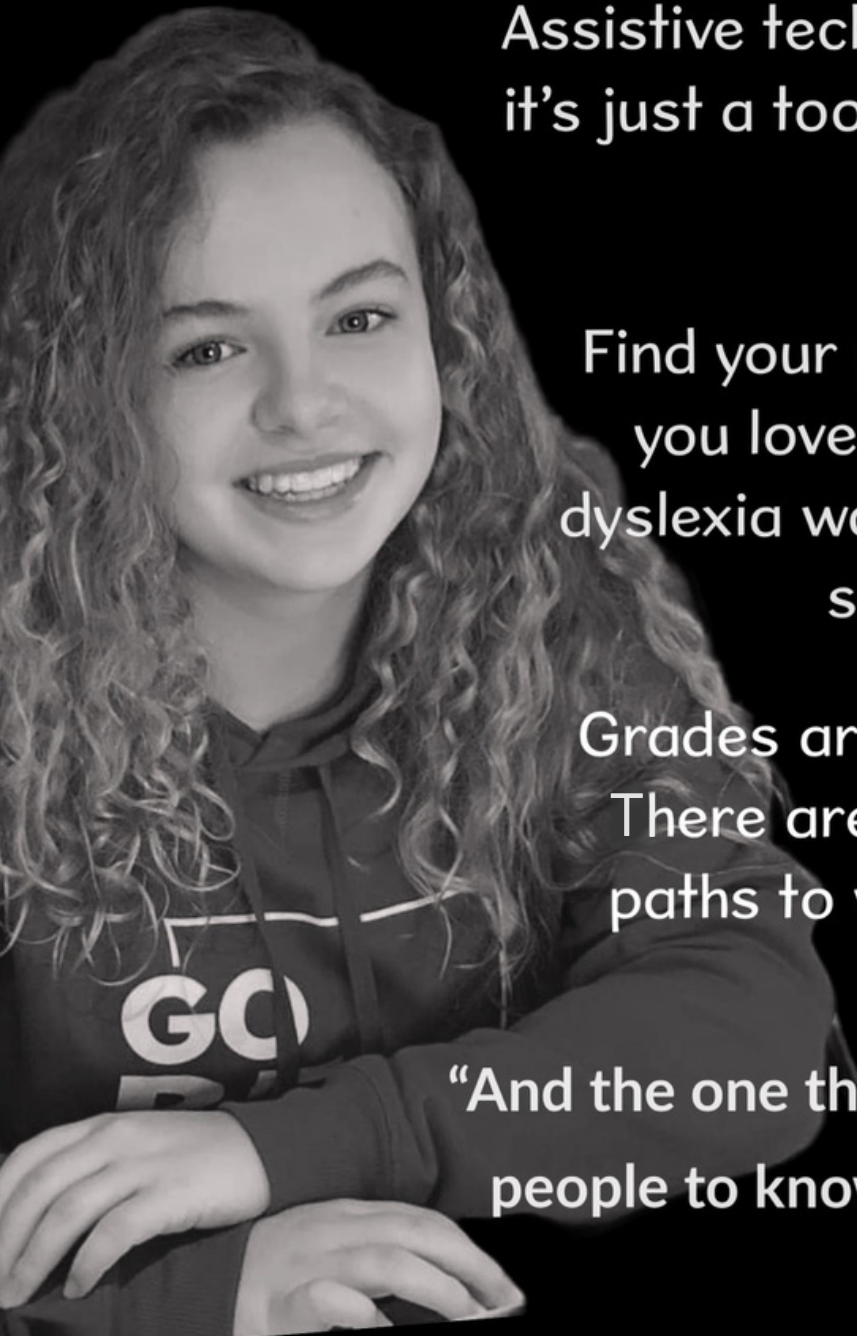
Find your passion or what you love doing, and your dyslexia won't seem nearly so overwhelming.

3

Grades are just a number. There are so many other paths to where you want to go.

4

“And the one thing I would love all young people to know is.....you are not alone!”





# Georgia Ryan

## Dyslexia & Dysgraphia

### Georgia's Articles



**Advice for teenagers  
with Dyslexia**

[Click Here](#)



**Assistive Tech  
and Exams**

[Click Here](#)



**Quick Tips  
for Dyslexic Teens**

[Click Here](#)

### Georgia's Speech at the UN Headquarters



Georgia Ryan, Dyslexia Warrior and Youth Ambassador, speaking at the United Nations Headquarters in New York with OIDEA on Dyslexia Day (October 8th 2022).

Follow Georgia  
Ryan Here:



[Instagram](#)



[Facebook](#)



[Twitter](#)





# Chris Woodin

## Dyscalculia

### What is Dyscalculia?

Developmental dyscalculia is a learning disability that affects the acquisition of knowledge about numbers and arithmetic. Developmental dyscalculia is a brain-based disorder and is present from birth, like other learning disabilities. Its prevalence in the school population is about 5-6%.

[Learn more](#)

### How can children with Dyscalculia succeed in Math?



[WATCH HERE](#)

**Don't miss the latest news and updates for Nessy's upcoming program 'Number Sense'!**

[Sign up to our Mailing List here](#)



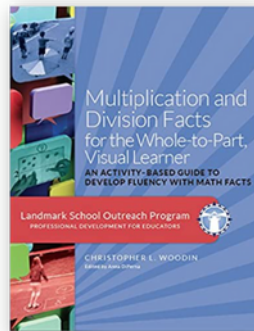


# Chris Woodin

## Dyscalculia

### Chris Woodin's Book on Amazon:

Multiplication and Division Facts for the Whole-to-Part, Visual Learner.



[Click here](#)

Follow Chris Woodin Here:



[Website](#)



[YouTube](#)

### Dyscalculia checklists:



[The Dyscalculia Network](#)



[Steve Chin](#)



Follow Heidi on  
Facebook here:



WHAT I WOULD LIKE YOUNG PEOPLE WITH ADHD

# TO KNOW



ADHD is not just for boys.

1

Children with ADHD may need extra help or motivation in school, and this is OK.

2

Children with ADHD may need to doodle or fidget in class to help them concentrate.

3

ADHD can make you feel hyper in your brain and/or your body.

4





# Lola Aneke

## Autism

### Understanding Autism:

Some of the known characteristics of autism are impairment in social interaction, which includes difficulty in staying focused, difficulty with social reciprocity, and sensory processing. Others are impairment in communication which includes delayed (or absence of) language communication skills and difficulty understanding abstract concepts.

[Learn more](#)

### Lola Aneke's Book on Amazon:

**MASTERING AUTISM: An Ultimate Guide and Model for Teaching Individuals with Autism in Africa**



[Click Here](#)

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