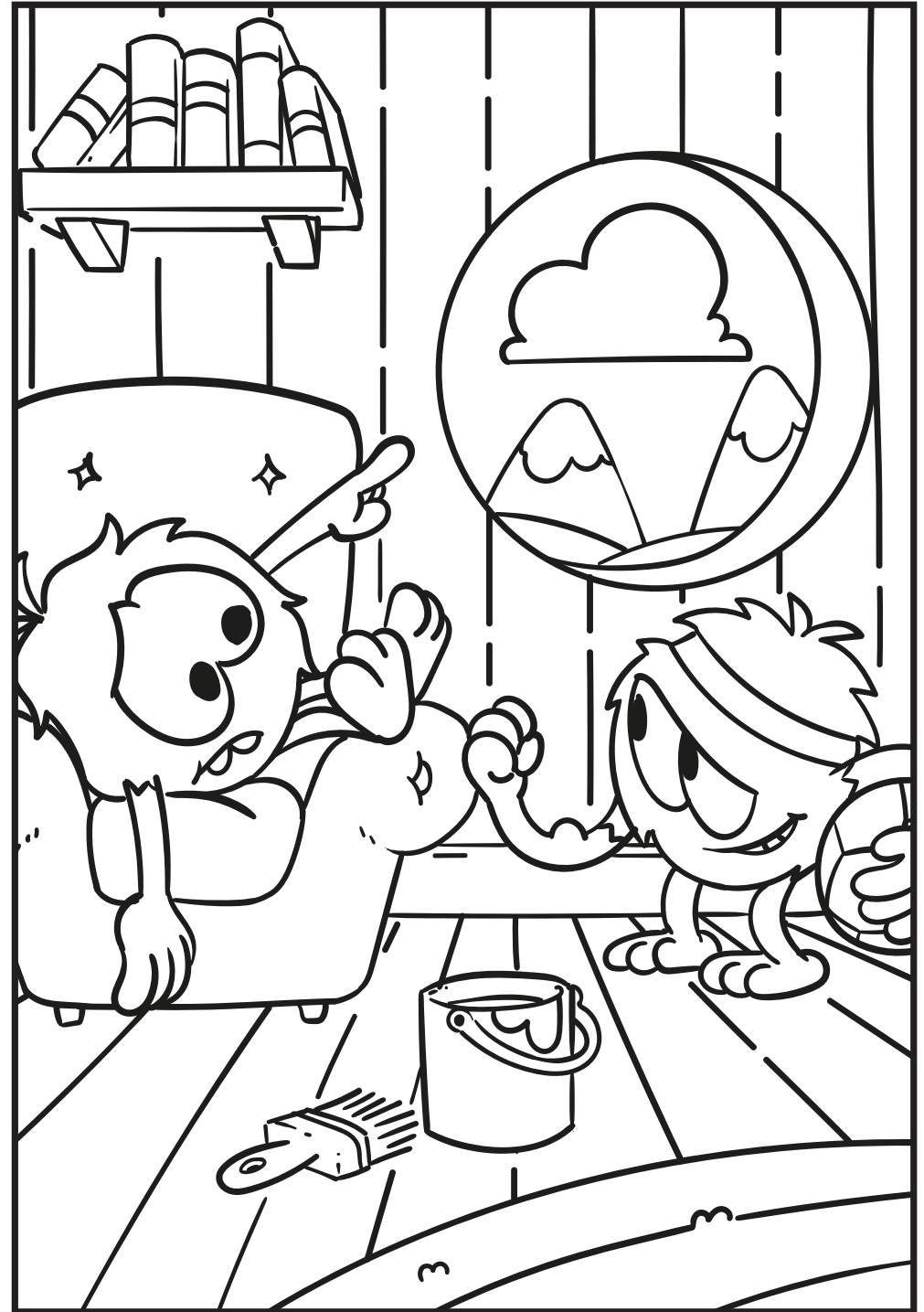


“Min, we need to train and get fit.”

“No pain no gain!” **said** Pod.

“It may rain, so I **don't want** to train today.” said Min.

“OK, **you stay here** and paint the wall.” said Pod.



Min did not **want** to paint.

Min went **out** to play.

“I will play in that hay.”
said Min.

Min trod on a tail.

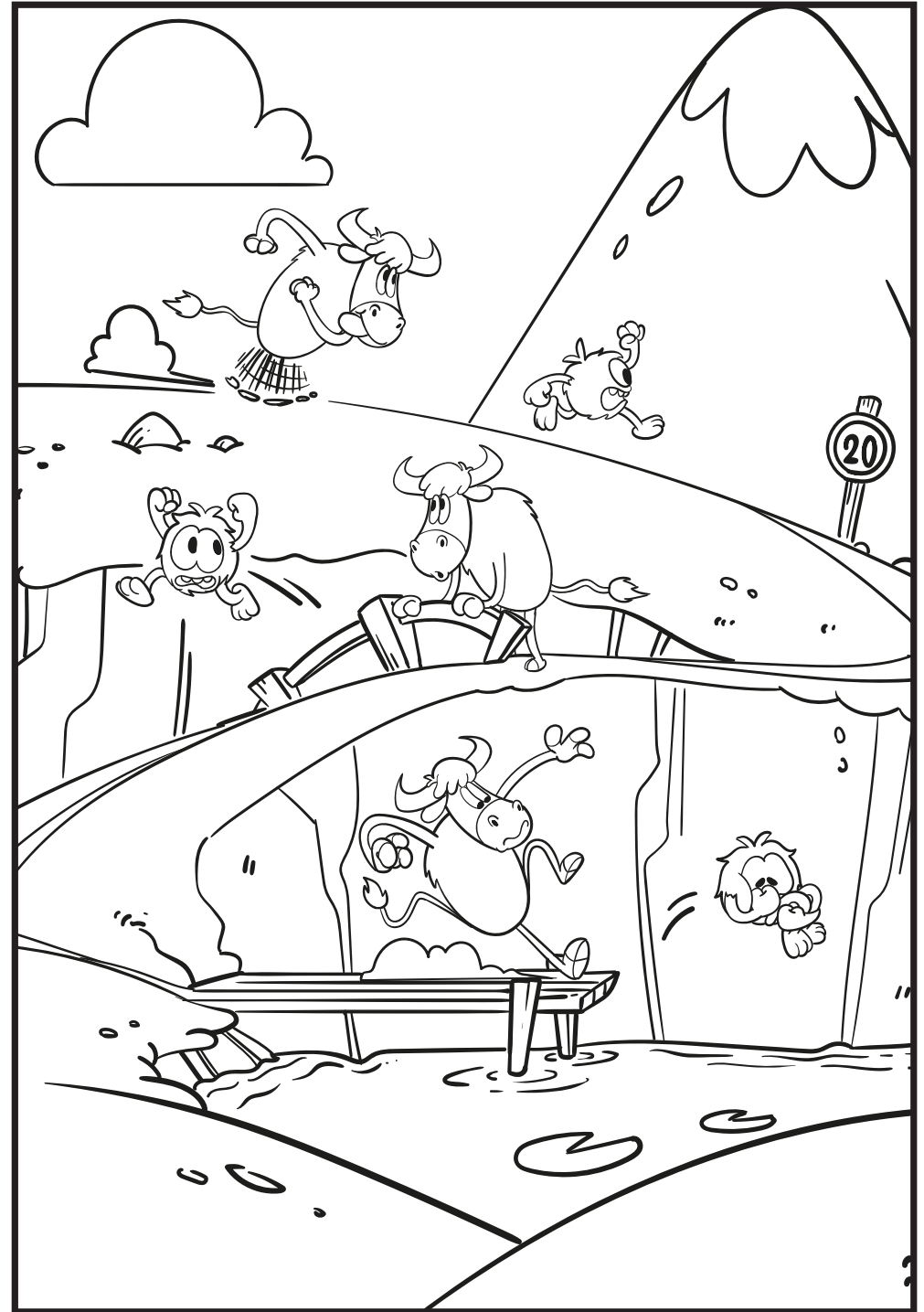
The bull got mad.



Min ran up the hill
and had to jump the rail.

The bull hit the rail.

Min had to jump in the sea
and swim across the bay.



Min got away from the bull.

She felt faint.

Min lay **down** and fell asleep.

“Min you did not paint.”
said Pod.

“Get up and train with me.
No pain no gain.”



Words in this book

Tricky Words are pink. These words are exceptions.

The tricky part is shown with a heart.

Stage: ay ai

ay	ai	harder
bay	pain	said
hay	gain	♥ out
lay	train	♥ down
play	paint	♥ don't
away	faint	♥ want
	rail	♥ you
	tail	

Words to trace

said

down

want

How to make this book

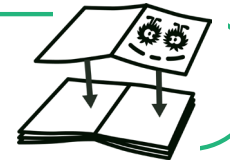
1. Print the pages.



2. To make a book, glue the pages back to back (as shown).



3. Glue the cover to the back of the first and last pages.



4. Reading Time!



5. Color the pictures.

